

Alicia I. Arbaje, M.D., M.P.H., Ph.D.

Dr. Arbaje is an internist, geriatric medicine specialist, and health services researcher at Johns Hopkins University School of Medicine. She is Associate Professor of Medicine and Director of Transitional Care Research at the Center for Transformative Geriatrics Research. Dr. Arbaje is interested in the problems older adults face as they navigate through the healthcare system. She is leading several studies that aim to develop performance measures, define best practices, and ultimately improve the quality of care of older adults as they leave the hospital. The focus of her research has been on identifying patient populations at risk of experiencing suboptimal care transitions, identifying care processes and hospital characteristics related to readmissions, and developing clinical interventions to improve care transitions and reduce hospital readmissions. She is currently investigating risks to older adults' safety as they receive skilled home healthcare services after hospital discharge.



In addition to her research experience, Dr. Arbaje has consultative experience in working to improve care of older adults. She has served as an invited consultant to the American Geriatrics Society, the U.S. Centers for Medicare and Medicaid Services, the National Institutes of Health, and the Agency for Healthcare Research and Quality. In addition to addressing scientific audiences, Dr. Arbaje has developed media content directly for the public. She has been a health commentator at local, national, and international media outlets, including NBC Nightly News and CNN International, to draw attention to issues facing older adults (available at www.youtube.com/aarbaje).

Dr. Arbaje received her undergraduate degree from the University of Kansas. She graduated from Yale School of Medicine and earned her master's degree in public health at the Harvard School of Public Health. She completed her internal medicine residency at Yale-New Haven Hospital, and she was selected to be a Robert Wood Johnson Clinical Scholar at the Johns Hopkins School of Medicine to train in health services research. She also completed a clinical and research fellowship in the Division of Geriatric Medicine and Gerontology at the Johns Hopkins School of Medicine. Dr. Arbaje recently completed a Ph.D. in Clinical Investigation at the Johns Hopkins Bloomberg School of Public Health focused on information management during care transitions of older adults receiving skilled home health services after hospital discharge. She continues to practice inpatient and consultative geriatric and general internal medicine at Johns Hopkins Bayview Medical Center.